

# DEAN GILES MUSIC EDUCATION

## Paradiddle Warm Up #1

Play with and without a Metronome.

1. Play as Written 2. Reverse Sticking 3. Add Bass Drum 4. Add Hi-Hat

R L R L R L L R L R L R R L R L R L L R L R L R R L R L

R L R L R R L R L L R L R L L R L R R L R L R R L R L L R L R L L

R L R R L R L R R L R L R R L R L R L L R L R L R L R R L R L R L L R L

R L R R L R L L R L R R L R L R L L R L R R L R L L R L R L L R L R L L

R L R R L R L L R L R L R R L R L L R L R R L R L R L L R L R L L R L R L L

R L R L R L R R L R L R L R R L R L R L R R L R L R L L R L R

L R L R L R R L R L L R L R L R R L R L L R L R R L R L R L R R L R L R R

L R L R R L R L L R L R L R R L R L L R L R R L R L R L L R L R R

L R L L R L R R L R L R L L R L R R L R L L R L R L R R L R L L R

L R L L R L R L L R L R L R R L R L L R L R R L R L L R L R L R R L R L L L R

Copyright 2009 Dean Giles

**DEAN GILES MUSIC EDUCATION**

No part of this document may be duplicated in any form whatsoever,  
without written consent from the author.