

# DEAN GILES MUSIC EDUCATION

## Basic Hand Patterns One



Practice each exercise individually as a loop.  
 Exercise 18 loops from the top row pattern to the lower row then back up.

1 R L R L R L R L L R R L R L R

3 R R L L R R L L L L R R L L R R

5 R L R L R R L L L R L R L R L L R R

7 R L L R R L L R L R R L L R R L

9 R R L R R L R L L L R L R L L R L R

11 R L R R L R L L R L L R L L R R L

13 R R L R L L R L R L R L L R L R

15 R R R L R R R L L L L R L L L R

17 R R R R L L L L R R R R R R L L >  
 > L L L L R R L L