

# DEAN GILES MUSIC EDUCATION

## Level One-A Hands



Bass Drum Plays Quarter Notes Throughout. Practice with a Metronome.

Single Stroke Roll 1. Right Hand Lead 2. Left Hand Lead

1

1. R L R L R L R L R L R L R L R L  
2. L R L R L R L R L R L R L R L R

Double Stroke Roll 1. Right Hand Lead 2. Left Hand Lead

2

1. R R L L R R L L R R L L R R L L  
2. L L R R L L R R L L R R L L R R

Five Stroke Roll Alternating Sticking

3

R R L L R L L R R L

Nine Stroke Roll in 3/4 Time 1. Right Hand Lead 2. Left Hand Lead

4

1. R R L L R R L L R  
2. L L R R L L R R L

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